

1 **On the Holocene Evolution of the Ayeyawady Megadelta**

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38 Abstract:

39

40 The Ayeyawady delta is the last Asian megadelta whose evolution has remained
41 essentially unexplored so far. Unlike most other deltas across the world, the Ayeyawady
42 has not yet been affected by dam construction providing a unique view on largely natural
43 deltaic processes benefiting from abundant sediment loads affected by tectonics and
44 monsoon hydroclimate. To alleviate the information gap and provide a baseline for future
45 work, here we provide a first model for the Holocene development of this megadelta
46 based on radiocarbon and optically stimulated luminescence-dated trench and drill core
47 sediments collected in 2016 and 2017, together with a re-evaluation of published maps,
48 charts and scientific literature. Altogether, this data indicates that Ayeyawady is a mud-
49 dominated delta with tidal and wave influences. The sediment-rich Ayeyawady River
50 built meander belt alluvial ridges with avulsive characters. A more advanced coast in the
51 western half of delta (i.e., the Pathein lobe) was probably favored by the more western
52 location of the early course of the river. Radiogenic isotopic fingerprinting of the
53 sediment suggest that the Pathein lobe coast does not receive significant sediment from
54 neighboring rivers. However, the eastern region of the delta (i.e., Yangon lobe) is offset
55 inland and extends east into the mudflats of the Sittaung estuary. Wave-built beach ridge
56 construction during the late Holocene, similar to other several deltas across the Indian
57 monsoon domain, suggests a common climatic control on monsoonal delta
58 morphodynamics through variability in discharge, changes in wave climate, or both.
59 Correlation of the delta morphological and stratigraphic architecture information onland
60 with the shelf bathymetry, as well as its tectonic, sedimentary and hydrodynamic
61 characteristics provide insight on the peculiar growth style of the Ayeyawady delta. The
62 offset between the western Pathein lobe and the eastern deltaic coast appears to be driven
63 by tectonic-hydrodynamic feedbacks as the extensionally lowered shelf block of the Gulf
64 of Mottama amplifies tidal currents relative to the western part of the shelf. This situation
65 probably activates a perennial shear front between the two regions that acts as a leaky
66 energy fence. Just as importantly, the strong currents in the Gulf of Mottama act as an
67 offshore-directed tidal pump that help build the deep mid-shelf Mottama clinof orm with
68 mixed sediments from Ayeyawady, Sittaung, and Thanlwin rivers. The highly energetic
69 tidal, wind and wave regime of the northern Andaman Sea thus exports most sediment
70 offshore despite the large load of the Ayeyawady river.

71

72 Introduction

73

74 Asian megadeltas (*Woodroffe et al., 2006*) have a long history of human habitation and
75 anthropogenic impact. With large populations, which increasingly congregate in
76 sprawling megacities, these vast low-lying and ecologically-rich regions are under threat
77 from environmental degradation, climate change and sea level rise. The Ayeyawady
78 (formerly known as Irrawaddy or Ayeyarwady) is the least studied of these megadeltas
79 despite its scientific, social and economic importance (*Hedley et al., 2010*). Located in
80 the larger India-Asia collision zone, the Ayeyawady delta (Fig. 1) bears the imprint of
81 uniquely complex tectonic processes in a region of oblique subduction (*Morley et al.,*
82 *2017*) and is a repository for unusually large sediment yields under an erosion-prone
83 monsoon climate (e.g., *Giosan et al., 2017*). Sediment redistribution within the delta and
84 on the shelf fronting it is affected by strong tides amplified by the geomorphology of the
85 region (*Ramasawamy and Rao, 2014*). In contrast to other Asian megadeltas, the
86 Ayeyawady river basin is arguably less transformed by post-World War II anthropogenic
87 impacts, although humans have probably affected delta development since at least the
88 Iron Age as agriculture expanded along the river (*Moore, 2007*) and later intensified
89 during the Pyu (~200 BC to 1050 AD), Bagan (~850 to 1300 AD), and Ava (~1350 to
90 1550 AD) periods. Recent rapid development trends and population growth underline the
91 need to understand the history and document the current state of the Ayeyawady delta.

92

93 Although the Ayeyawady River is less regulated compared to other large rivers, plans are
94 afoot to construct several dams across it and this may change the water and sediment
95 regimes, as well as fluxes reaching its low-lying delta plain (*Brakenridge et al., 2017*).
96 Inundation of the Ayeyawady delta region during cyclone Nargis in 2008 was one of the
97 costliest and deadliest natural disasters ever recorded (*Fritz et al., 2009; Seekins, 2009*).
98 Catastrophic monsoon-driven river floods are also common and devastating (*Brakenridge*
99 *et al., 2017*). The Ayeyawady delta may already be sediment deficient (*Hedley et al.,*
100 *2010*) and the anticipated sediment deficit after damming could increase its vulnerability
101 to such transient events as well as to long term sea level rise (*Giosan et al., 2014*). Strong
102 tidal currents in the northern Andaman Sea (*Rizal et al., 2012*) amplify some aspects of
103 delta vulnerability, such as salinization (*Taft and Evers, 2016*) whereas other aspects may
104 be attenuated such as sediment redistribution along the coast or sediment trapping within
105 the subaerial delta (e.g., *Hoitink et al., 2017*). Better knowledge on how the delta has
106 formed and functioned will help future efforts to maintain its viability.

107

108 To alleviate the information gap and provide a baseline for future work we sketch here a
109 first model for the Holocene evolution of the Ayeyawady delta based on new field data
110 collected in two expeditions in 2016 and 2017 (Figs. 2 and 3; see Fig. S1 for site
111 locations and names) together with a re-evaluation of published maps, charts and
112 scientific literature (Figs. 4 and 5). In the process we reassess our knowledge concerning

113 monsoonal deltas in general by advancing new ideas on how morphodynamics and
114 sedimentary architecture can be controlled by feedbacks between tectonics and tides, as
115 well as by the balance between fluvial discharge and wave climate.

116

117 Background

118

119 The Ayeyawady River is a major fluvial system that became individualized in
120 Oligocene/Early Miocene time (Fig. 1; *Licht et al., 2016; Morley, 2017* and references
121 therein). The Late Cretaceous subduction of the Neotethys Ocean followed by the
122 collision between India and Asia first led to an Andean-type margin comprised of the
123 Wuntho-Popa Volcanic Arc and associated forearc and backarc basins (e.g., *Racey and*
124 *Ridd, 2015; Liu et al., 2016*). The uplift of the Indo-Burman Ranges accretionary prism
125 since early Paleogene completed the separation of the Central Myanmar Basin (CMB)
126 from the Bay of Bengal. The complex of basins forming the CMB were further
127 segmented by compression and inversion (e.g., *Bender, 1983*). These basins include the
128 Ayeyawady Valley separated by the Bago Yoma (Pegu Yoma) from the Sittaung
129 (Sittang) Valley flowing along the Shan Plateau. The Ayeyawady River infilled this ~900
130 km long shallow marine area toward the Andaman Sea, a Cenozoic backarc/strike-slip
131 basin induced by oblique subduction of the Indian plate under Eurasia (e.g., *Curry,*
132 *2005*). A southern shift in Ayeyawady deposition was evident in the Miocene after the
133 major strike-slip fault, the Sagaing, activated along Bago Yoma. The Holocene delta is
134 the last realization in a series of deltas comprising this southward-moving Ayeyawady
135 depocenter.

136

137 Myanmar's hydroclimate that is responsible for Ayeyawady flow is spatially complex
138 owing to its varied topography and compound influences from both the Indian and East
139 Asian monsoon systems (*Brakenridge et al., 2017*). Orographic precipitation occurs
140 along the northeastern Himalayas and Indo-Burman Ranges (*Xie et al., 2006*), as well as
141 the Shan Plateau feeding the upper Ayeyawady and the Chindwin, whereas Central
142 Myanmar, in the lee of these ranges, remains drier. The upper basin of the Ayeyawady
143 also receives snow and glacier meltwater in the spring. Over 90% of the discharge at the
144 delta occurs between May and October with small but significant interannual variability
145 (*Furuichi et al., 2009*) linked to the El Nino-Southern Oscillation, Indian Ocean Dipole,
146 and Pacific Decadal Oscillation (*D'Arigo and Ummenhofer, 2014* and references therein).

147

148 In historical times the Ayeyawady River has transported $\sim 422 \pm 41 \times 10^9 \text{ m}^3$ of
149 freshwater every year to the ocean (*Robinson et al, 2007*), watering Myanmar from north
150 to south along the way (Fig. 1). The water discharge has now apparently decreased to the
151 present level of $379 \pm 47 \times 10^9 \text{ m}^3/\text{year}$ (*Furuichi et al., 2009*). Among the delta-building
152 Himalayan rivers, the Ayeyawady is a prodigious sediment conveyor ($\sim 364 \pm 60 \times 10^6$

153 t/year), second only to the combined Ganges-Brahmaputra (*Robinson et al., 2007*).
154 Between 40 and 50% of the sediment comes from the upper Ayeyawady, with the rest
155 supplied by its main tributary, the Chindwin (*Garzanti et al., 2016*). Sediments
156 transported by the Upper Ayeyawady River come primarily from erosion of gneisses and
157 granitoids of the Himalayan Eastern Syntaxis region and the Sino-Burman Ranges.
158 Although draining less steep terrain, the Chindwin contributes more sediment than the
159 Upper Ayeyawady from the easily erodible flysch and low-grade metasedimentary rocks
160 of the Indo-Burman Ranges. Both water and sediment discharge vary synchronously at
161 interannual time scales as a function of monsoon intensity (*Furuichi et al., 2009*), but
162 they changed little since the late 19th century when *Gordon (1893)* measured them
163 systematically for the first time. In addition to the Ayeyawady, the Sittaung River
164 supplies sediment to the northern shore of the Gulf of Mottama (*aka* Gulf of Martaban)
165 where its estuary merges with the Ayeyawady delta coast (Fig. 1). The sediment
166 discharge from the Sittaung is unknown but can be estimated based on its annual water
167 discharge range of 50×10^9 m³/year to a maximum of 40 to 50×10^6 t/year by assuming
168 sediment yields similar to the Ayeyawady (*Milliman and Farnsworth, 2010*). Another
169 sediment contributor to the Gulf of Mottama ($\sim 180 \times 10^6$ t/year) is the Thanlwin River
170 (Salween) draining the eastern Shan Plateau and eastern Tibetan Plateau (*Robinson et al.,*
171 *2007*). Information about the variability in Ayeyawady's sediment discharge over the
172 Holocene lifetime of the delta is sparse, as are reconstructions for the monsoon variability
173 in its basin. Assuming the modern direct correlation between water discharge and
174 sediment load one may qualitatively infer an increase in sediment delivery since 10,000
175 years ago with a peak in around 5000 years ago when the Andaman Sea was at its
176 freshest (*Gebregeorgis et al., 2016*), followed by a decrease to the present values, as the
177 Indian monsoon has weakened since the mid Holocene (e.g., *Ponton et al., 2012; Dixit et*
178 *al., 2014*).

179
180 The Ayeyawady delta is a mud-dominated delta that exhibits mainly tidal and secondarily
181 wave influences (Figs. 2 and 5; *Kravtsova et al., 2009*). Ayeyawady's single braided
182 channel starts to show avulsive behaviour near the town of Myan Aung ($\sim 18.2^\circ\text{N}$) where
183 the tidal influence is still felt ~ 290 km from the Andaman Sea (Fig. 1). The apex of the
184 delta, defined as the region of deltaic distributary bifurcation, is north of the town of
185 Hinthada (18°N) around 270 km from the coast. Multiple branches are active in the delta,
186 splitting and rejoining to form a network of lower order distributary channels and
187 reaching the coast through eleven tidally-enlarged estuaries (Fig. 2). Most of the water
188 discharge (76%) is delivered to the Andaman Sea through three main mouths: Pyamalaw,
189 Ayeyawady and To-Thakutpin from west to east (*Kravtsova et al., 2009*).

190
191 In natural conditions when the delta was covered by tropical forests and mangroves
192 (*Adas, 2011*), sedimentation on the delta plain occurred within active and abandoned

193 channels, on channel levees and inter-distributary basins (*Stamp, 1940; Kravtsova et al.,*
194 *2009*). The coast prograded via shoal/bar emergence and wave-built beach ridges with
195 associated interridge swales (*Kravtsova et al., 2009*). The coastline for the Ayeyawady
196 delta proper stretches from the western rocky Cape Maw Deng, adjacent to the Pathein
197 River, to the Yangon River in the east (Fig. 1). However, this conventional definition
198 does not capture the fact that the accumulative coast with sediment input from the
199 Ayeyawady continues east of the Yangon River into the Sittaung estuary. Despite the
200 large annual fluvial sediment load of the combined Ayeyawady and Sittaung ($350\text{--}480 \times$
201 10^6 t), shoreline changes have been puzzlingly minor along the Ayeyawady delta coast
202 since 1850 (*Hedley et al., 2010*). Sea level change data is sparse and unreliable for the
203 delta and no data on subsidence/uplift exists.

204
205 The shelf morphology in front of the Ayeyawady delta is complex due to its tectonic
206 structure and the nature of Holocene sedimentation (*Rodolfo, 1969a,b, 1975;*
207 *Ramaswamy and Rao, 2014*). The width of the shelf is ~170 km wide off the Ayeyawady
208 River mouths, widening to more than 250 km in the Gulf of Mottama (Figs. 1 and 5). The
209 shelf edge exhibits a flat, platform-like indentation in the Gulf of Mottama between 140
210 and 180 m deep (i.e., the Martaban Depression - *Ramaswamy and Rao, 2014*) that
211 features a dendritic network of channels feeding the Martaban Canyon (*Rodolfo, 1975*).
212 Most of the large Ayeyawady suspended sediment load is redistributed by the strong tidal
213 currents (Fig. 5) and seasonally-reversing wind-currents to be deposited on the wide
214 northern Andaman shelf (*Ramaswamy and Rao, 2014*) where it mixes with sediment
215 from the Sittaung, Thanlwin and other smaller rivers (*Damodararao et al., 2016*). Semi-
216 diurnal tides vary between 2 and 3 m from the Pathein River to the Bogale River,
217 reaching higher stages inside distributaries. The tidal range is gradually amplified to
218 macrotidal conditions on the shallow (<30 m) shelf of the Gulf of Mottama from the
219 Bogale Promontory toward the Sittaung estuary where it reaches above 7 m during spring
220 tides (*British Admiralty, 1935*). Associated tidal currents also vary accordingly to over
221 3.5 m/s near the Sittaung mouth.

222
223 Waves are subordinate in importance for sediment transport to tides, with average heights
224 less than 1 m in winter to 1–2 m in summer (*Kravtsova et al., 2009*). Tidal currents
225 combine with the wind-driven circulation that is clockwise during the summer monsoon
226 and reversed during the winter monsoon (*Rizal et al., 2012*). The macrotidal regime
227 maintains turbid conditions year-round with the turbidity front oscillating ~150 km
228 offshore in the Gulf of Mottama in phase with the spring-neap tidal cycle (*Ramaswamy et*
229 *al. 2004*). Annual turbidity levels and suspended sediment distribution are modulated by
230 the monsoonal-driven winds, currents and river discharge (*Ramaswamy et al. 2004;*
231 *Matamin et al, 2015*) with the most extensive and compact turbid waters occurring in the
232 boreal winter. During the summer the turbidity region shrinks to the Gulf of Mottama and

233 nearshore regions where river plumes are active and dispersed eastward. Turbidity
234 profiles show an increase with depth during fair-weather and uniform concentrations
235 during major storms or cyclones (*Ramaswamy et al. 2004; Shi and Wang 2008*). Bottom
236 nepheloid layers and possibly hyperpycnal flows occur in the Gulf of Mottama and flow
237 into the interior of the Andaman Sea as mid-water nepheloid layers (*Ramaswamy et al.,*
238 *2004*).

239

240 The bathymetric characteristics of the shelf and the circulation system favor deposition of
241 finer fluvial sediments in a mudbelt that widens from the western edge of the Ayeyawady
242 coast into the Gulf of Mottama that more or less coincides in extent with the high
243 turbidity region (*Ramaswamy and Rao, 2014*). The outer shelf, including the Martaban
244 Depression, is a zone of low to non-deposition, and exhibits a relict morphology with
245 topographic irregularities that host relict coarse-grained carbonate-rich sediment and
246 fauna with patchy Holocene muds (*Ramaswamy and Rao, 2014*).

247

248 In terms of human impacts on the delta it is important to note that the population of
249 Myanmar increased from 4–5 million in the late 19th century to ~51 million in 2014 with
250 30% residing in the Ayeyawady delta region. This large increase in population led to a
251 rapid rate of deforestation in the basin, but also to destruction of mangroves for
252 agriculture and fuel in the delta (*Taft and Evers, 2016*). An earlier large migration wave
253 to the delta occurred in the latter half of the 19th century when the British colonial
254 authorities cleared much of the delta forests and mangroves for rice agriculture (*Adas,*
255 *2011*). Construction of dikes to protect agricultural lands in the delta began in 1861 and
256 continued aggressively until the 1920s. These dikes are generally of a horseshoe type
257 protecting delta islands in the upstream and sides from floodwaves but recently poldering
258 with diking entire islands was employed. Most channels remain natural with no extensive
259 system of dredged canals. However, all dikes limit overbank flooding and deposition of
260 sediment (*Volker 1966; Stamp 1940*) and the entire agricultural system favors salinization
261 of soils in the delta. The model for the Holocene evolution of the Ayeyawady delta that
262 we provide below allows us to assess first order relationships to the complex regional
263 tectonics, climate, and shelf circulation as a baseline for the future development and
264 management of the delta.

265

266 Methods

267

268 The large scale morphology of the Ayeyawady delta, together with the adjoining regions
269 (Fig. 2), were assessed and studied using satellite data and old maps of the region. High-
270 resolution (90-m) digital elevation data were derived from NASA's Shuttle Radar
271 Topography Mission (SRTM; *Farr et al., 2007*). Digital elevation models (DEMs) were
272 constructed at 300 m resolution and were used in combination with Advanced
273 Spaceborne Thermal Emission and Reflection Radiometer (ASTER) and Google Earth to

274 identify geomorphic features that provide insight into fluvial morphodynamics. The delta
275 and upstream floodplain was delimited from adjacent hinterlands with associated
276 marginal alluvial fans, as were remnant inselberg-like pre-deltaic terrains inside the delta.
277 We identified active and abandoned river courses and delta distributaries and their
278 meander belts. Finally, we identified fossil beach ridges denoting former delta shorelines.
279 Guided by this assessment, in two field expeditions in the Ayeyawady delta in 2016 and
280 2017, we collected sedimentary records from shallow hand-dug trenches and cores with
281 mechanized pneumatic and percussion drilling (Figs. 2 and 3; see also Fig. S1).

282
283 Fossil wave-built beach ridges were targeted by trenching in order to obtain a chronology
284 for the delta coast advance (Figs. 1 and 2; see also Fig. S1). Samples for Optically
285 Stimulated Luminescence (OSL) dating were collected where possible from within the
286 beach-foreshore facies in water tight opaque tubes (site I-11 at Labutta in the western side
287 of the delta; sites I-12 and I-13 at Seikma near the central delta coast; and site I-14 at
288 Kungyangon near the eastern delta coast). A sample was collected in the anthropogenic
289 overburden to date habitation on a Labutta beach ridge (Site I-10). In addition, two levee
290 samples were collected on meanders of the now defunct western major branch of the
291 Ayeyawady (Figs. 1 and 2; Table 2) near the apex of the delta (i.e., sites I-8 near Ta Loke
292 Htaw and I-9 near Lemyethna bordering the last abandoned course and an earlier-formed
293 oxbow lake, respectively). Levee samples were collected in trenches at the top of each
294 levee, below the overburden.

295
296 Drill coring was designed to recover continuous sediment records to the pre-deltaic
297 Pleistocene sediments (Figs. 2 and 3; see also Fig. S1; Table 1). Drill sites were located
298 in the middle and near the apex of the delta (site IR1 to 70.4 m depth at Kyonmangay
299 located 6.7 m above sea level and core IR2 to 43 m depth at Ta Loke Htaw located at 18
300 m above sea level, respectively) to assess the deltaic architecture and, in particular, how
301 far the post-glacial transgression reached inside the suspected Pleistocene Ayeyawady
302 incised valley. Facies analysis was based on the visual description of lithology,
303 sedimentary structures, textures and benthic foraminifera presence. In addition, XRF-
304 scanning-based high resolution chemostratigraphy was employed for the drill cores to
305 identify depositional environments using Woods Hole Oceanographic Institution's
306 (WHOI) ITRAX XRF scanner (see methodology in *Croudace et al., 2006*). From the
307 suite of measured elements we used [Si]/[Rb] ratio to characterize the sand content (i.e.,
308 Si-rich sand relative to fine grained muds, rich in Rb; *Croudace and Rothwell, 2015*), the
309 [Br]/[total XRF counts] ratio or Br* to characterize the organic matter (i.e., with Br
310 enriched in marine organic matter; *McHugh et al., 2008*), and [S]/[Rb] ratio to
311 characterize redox conditions in fine-grained muds (i.e., with S in excess of terrigenous
312 values in reducing conditions; *Croudace and Rothwell, 2015*).

313

314 Sediment sources for the pre-modern delta were estimated using radiogenic isotopes (Nd
315 and Sr) on a bulk sediment sample from the delta apex trench (I-8 taken as representative
316 for Ayeyawady fluvial sediment). To assess any potential addition of non-Ayeyawady
317 sediment sources (e.g., littoral drift, marine biogenic carbonates) another pre-modern
318 sample from the youngest dated fossil beach ridge trench near the coast (I-12) was
319 measured both as bulk and decarbonated sediment. The radiogenic composition of
320 sediments from the Sittaung River, the closest source to the delta other than Ayeyawady
321 itself, was measured on a floodplain sample (Fig. ***). Nd and Sr chemistry was
322 undertaken with conventional ion chromatography following the method of *Bayon et al.*
323 (2002). Strontium was separated and purified from samples using Sr-Spec (Eichrom)
324 resin. Nd chemistry was performed with LN resin (Eichrom) following method described
325 in *Scher and Delaney (2010)*. Sr and Nd analyses were conducted on the NEPTUNE
326 multi-collector ICP-MS at WHOI with the internal precision around 10–20 ppm (2 σ);
327 external precision, after adjusting $^{87}\text{Sr}/^{86}\text{Sr}$ and $^{143}\text{Nd}/^{144}\text{Nd}$ values by 0.710240 and
328 0.511847 for the SRM987 and La Jolla Nd standards respectively, is estimated to be 15–
329 25 ppm (2 σ). $^{143}\text{Nd}/^{144}\text{Nd}$ isotopic composition is expressed further as ϵNd (*DePaolo and*
330 *Wasserburg, 1976*) units relative to $(^{143}\text{Nd}/^{144}\text{Nd})_{\text{CHUR}} = 0.512638$ (*Hamilton et al.,*
331 *1983*).

332
333 Plant and wood pieces were radiocarbon-dated to derive a chronology for the deltaic
334 sediment succession and the pre-deltaic base (Table 1). Accelerator mass spectrometry
335 (AMS) radiocarbon dating was performed at the National Ocean Sciences Accelerator
336 Mass Spectrometry Facility (NOSAMS) at the WHOI. The methodology for AMS
337 radiocarbon dating is presented on the NOSAMS site (www.who.edu/nosams) and
338 discussed in *McNichol et al. (1995)*. All dates have been converted to calendar ages using
339 CalPal 4.3 (*Bronk Ramsey, 2009*) and the IntCal13 calibration dataset (*Reimer et al.,*
340 *2013*).

341
342 Seven samples were collected for OSL dating. Samples were collected using light-tight
343 metal tubes hammered horizontally into cleaned sediment surfaces. The tubes were
344 opened under subdued orange light at the Nordic Laboratory for Luminescence Dating
345 (Aarhus University) located at Risø (DTU Nutech) in Denmark. Using standard sample
346 preparation techniques (wet sieving, acid treatment, heavy liquids) purified quartz and K-
347 feldspar-rich extracts in the 180–250 μm grain size range were obtained (except sample
348 177202 for which it was 90–180 μm). Multi-grain aliquots of quartz and K-feldspar were
349 measured using a SAR protocol (*Murray and Wintle, 2000*) suitable for young samples.
350 The purity of the quartz OSL signal was confirmed using OSL IR depletion ratio test
351 (*Duller, 2003*; all aliquots within 10% of unity). For quartz OSL preheating for dose and
352 test dose was 200°C/10s and 160°C, respectively and K-feldspar rich extracts were
353 measured using a post-infrared (IR) Infrared Stimulated Luminescence (IRSL)

354 (pIRIR150) protocol based on *Madsen et al.* (2011). Early and late background
355 subtraction was used for quartz OSL and feldspar pIRIR dose calculations respectively.
356 Total dose rates to quartz and K-feldspar were calculated from radionuclide
357 concentrations measured on the outer material from the tubes using high resolution
358 gamma ray spectrometry (*Murray et al., 1987*). Samples were assumed to have been
359 saturated with water throughout the entire burial lifetime.

360

361 The morphology of the subaqueous extension of the Ayeyawady delta was studied using
362 the only available detailed bathymetric chart of the region that was based on surveys from
363 1850 to 1929 with small corrections until 1935 (*British Admiralty, 1935*). Newer
364 navigation charts of the region report only small corrections afterwards. The final DEM
365 (Figs. 4 and 5) consists of 6442 individual soundings reduced to the original datum at
366 Elephant Point at the entrance in Yangon River; to these we added the digitized
367 bathymetric contours of the original chart. To extend the bathymetry offshore beyond the
368 coverage of the original chart we used GEBCO 2014 Grid (General Bathymetric Charts
369 of the Oceans, a global 30 arc-second interval grid). Prior to digitizing, all charts and
370 satellite photos used in this study were georeferenced and transformed to a common
371 UTM projection (Zone 46 N) with Global Mapper 18.0 ([http:// www.globalmapper.com/](http://www.globalmapper.com/))
372 using 16 control points for each chart or photo. DEMs at a 250 m spatial resolution were
373 generated from digitized soundings with Surfer 12.0 software (Golden Software, Inc.).
374 The “natural neighbor” algorithm was chosen for interpolation because it is suitable for
375 a variable density of data across the interpolation domain and does not extrapolate depth
376 values beyond the range of existing data.

377

378 Results

379

380 In concert with satellite photos, our SRTM digital elevation model (Fig. 2a) reveals that
381 the morphologically-defined Ayeyawady delta plain starts immediately after the river
382 emerges from its mountainous valley at Myan Aung, bound on the western side by the
383 Indo-Burma Range and massive alluvial fans originating in the Bago Yoma on the
384 eastern side. Several inselberg-like pre-deltaic high terrains occur close to the coast on
385 the western side of Pathein River and on both sides of Yangon River. Two alluvial ridges,
386 5 to 7 m high relative to their adjacent delta plain, with visible meander belts and rare
387 crevasse splays, were constructed by large trunk channels (Fig. 2a, b, c). The western
388 alluvial ridge along the Daga course is largely fossil, whereas the eastern ridge is being
389 built along the present course of the river (Fig. 2c). Both ridges taper off in the mid-delta
390 as the trunk channels start to bifurcate into distributaries that split and rejoin on the lower
391 delta (Fig. 2a,b). After the bifurcation zone the delta plain is uniformly low in altitude (<5
392 m) with the exception of the higher mudflats near the entrance in the Sittaung estuary
393 (Fig. 2a). Although possessing meander belts of their own in their upper reaches, the
394 Pathein and Yangon Rivers, which are located at the western and eastern edge of the

395 delta, do not show visibly large alluvial ridges (Fig. 2a, b). This suggests that they were
396 not preferential routes for the main trunk Ayeyawady but secondary courses or have not
397 been active for very long. Near the coast, several generations of wave-built beach ridges
398 are evident in the lower part of the delta, bundling occasionally into beach ridge plains on
399 the Bogale Promontory and on the sides on Yangon River (Fig. 2b).

400

401 Sediment in our trenches on the Ayeyawady beach ridges exhibited weakly stratified,
402 mud-rich, fine sand lithologies. Fluvial deposits trenched near the apex showed a typical
403 levee facies exhibiting weakly laminated, amalgamated fine sands and muds below the
404 bioturbated and human-disturbed overburden. The IR1 drill core (Fig. 3) at Kyonmangay
405 (Fig. 2; see also Fig. S1) shows a succession of delta plain bioturbated soils and delta
406 plain muds overlaying amalgamated fine to medium sand and muds of the delta front and
407 prodelta/estuarine clayey muds with intercalated organic-rich detritus layers. Marine
408 influences are documented in the prodelta/estuarine and delta front deposits by high Br*
409 and rare benthic foraminifers. Tidal influence is indicated by thick-thin and sand-mud
410 alternations in the delta front deposits. Flooding is suggested by occasional clean sandy
411 layers in the prodelta facies. Both the delta plain and prodelta/estuarine deposits show
412 increased S/Rb values indicative of poorly oxic conditions. The transition to delta front
413 advance at Kyonmangay occurred at 13.5 m below sea level (mbsl) ~8,100 years ago, as
414 documented by the radiocarbon content of a leaf fragment. The deltaic succession stands
415 on a 9,300 years old mangrove peat at 28.5 mbsl near the base of the deltaic Holocene
416 deposits. Pre-Holocene fluvial deposits older than 10,200 years BP occur below,
417 consisting of structureless medium to coarse sands with clayey mud intercalations,
418 gravels, and fine-grained weakly laminated channel infills.

419

420 The IR2 drill core (Fig. 3) at Ta Loke Htaw (Fig. 2; see also Fig. S1) near the delta apex
421 on the modern alluvial ridge exhibits a succession of delta plain sandy muds topping
422 structureless medium sands with rare intercalated thin muds of channel/point bar type.
423 They overlie fine-grained, weakly laminated channel infill deposits and floodplain fine
424 sands with intercalated thin muds that started to accumulate ~8,900 years BP
425 (radiocarbon dated wood piece). Below ~25 mbsl structureless fine to medium sands of
426 channel/point bar and gravel layers occur to the base of the drill core. Organic material is
427 rare in all facies at Ta Loke Htaw except for occasional wood branches and a tree trunk in
428 the upper point bar facies. Marine influence is absent as foraminifers are not encountered
429 and Br* levels are consistently low.

430

431 The quartz OSL and feldspar pIRIR150 luminescence dating results are summarized in
432 Table 2 and Table S1. The quartz OSL signal is dominated by the fast component and the
433 average dose recovery ratio is 1.00 ± 0.02 (4 samples, 11-12 aliquots per sample)
434 suggesting that our quartz De values measured using SAR are reliable. One prerequisite

435 for accurate age estimation is that the quartz OSL signal was sufficiently bleached prior
436 to burial in the sediment sequence. In this study we use the feldspar IR50 and pIRIR150
437 age data to provide insights into the completeness of bleaching of the quartz OSL signal
438 (e.g., Murray *et al.*, 2012; Rémillard *et al.*, 2016). This is based on the observation that
439 feldspar signals bleach much more slowly than quartz OSL (Godfrey-Smith *et al.*, 1988;
440 Thomsen *et al.*, 2008): IR50 signals bleach approximately one order of magnitude slower
441 than quartz OSL and pIRIR signals bleach even more slowly than IR50 signals (e.g.,
442 Kars *et al.*, 2014; Colarossi *et al.*, 2015). We are confident that the quartz signal is well-
443 bleached when the pIRIR150 age agrees within uncertainty with the quartz age; this is the
444 case for sample 177204. We consider that the quartz OSL signal is very likely to be
445 completely bleached when the IR50 age agrees or is slightly lower (due to fading) than
446 the quartz age. This is the case for all samples except for sample 177202 for which the
447 IR50 age may be slightly older. Nevertheless, this does not mean the quartz OSL age for
448 this particular sample is affected by partial bleaching; we just cannot be certain it is not.
449

450 Overall, optical ages on the natural levee of an old meander series of the fossil eastern
451 alluvial ridge indicate full activity by $\sim 1,750 \pm 320$ years ago. Sedimentation on the top of
452 the natural levee bordering the last Daga course indicates that its abandonment took place
453 no earlier than $1,500 \pm 230$ years ago (Fig. 2; see also Fig. S1). A radiocarbon date
454 calibrated to $\sim 1,300$ years ago on a large wood trunk from the point bar facies drilled at
455 Ta Loke Htaw indicates that the present eastern course of the Ayeyawady was active at
456 the time. The fresh appearance of the wood make it unlikely that it is remobilized fossil
457 wood. Future systematic exploration of the meander belts subsurface architecture is
458 needed to reconstruct their history.
459

460 Our combined chronology indicates the Ayeyawady delta reached as far south as the
461 latitude of the cities of Yangon and Patheingyi around 6,300 years ago, as documented by a
462 radiocarbon content of a leaf fragment from the delta plain facies at Kyonmangay.
463 Optical dating shows that the least advanced beach ridge bundle found on the western
464 side of the delta near Labutta is also the oldest ($\sim 4,600$ years old; Fig. 2 and Fig. S1). The
465 beach ridge plain at the Bogale Promontory started $\sim 1,000$ years ago, soon after beach
466 ridges started to form at the Yangon River mouth ($\sim 1,200$ years ago; Fig. 2 and Fig. S1).
467

468 Radiogenic provenance fingerprinting of the bulk river sediment (Table S2) on the Ta
469 Loke Htaw levee shows that $^{143}\text{Nd}/^{144}\text{Nd}$ (ϵNd) and $^{87}\text{Sr}/^{86}\text{Sr}$ values of 0.512263 (-7.3)
470 and 0.7120 respectively, lie close to the beach ridge sediment composition: 0.512285 (-
471 6.9) and 0.7118 for bulk sediment and 0.512287 (-6.8) and 0.7119 for bulk decarbonated
472 sediment. The identical $^{87}\text{Sr}/^{86}\text{Sr}$ values for the bulk and decarbonated beach ridge sample
473 suggest that marine biogenic carbonates are a minor sediment component at the coast.
474 However, previous measurements on Ayeyawady sediments (Table S2 with data from

475 *Allen et al., 2008* – 150 km upstream of the delta; *Colin et al., 1999* – at an unspecified
476 location) show a larger variability in ϵNd with values of -8.3 and -10.7. The closest
477 sediment source along the coast, the Sittaung River that drains Bago Yoma and the Shan
478 Plateau shows $^{143}\text{Nd}/^{144}\text{Nd}$ (ϵNd) and $^{87}\text{Sr}/^{86}\text{Sr}$ values of 0.512105 (-10.4) and 0.7168
479 respectively. The Yangon River, the largely abandoned easternmost branch of the
480 Ayeyawady close to Bago Yoma has ϵNd and $^{87}\text{Sr}/^{86}\text{Sr}$ of -12.2 and 0.7080 respectively
481 (*Damodararao et al., 2016*), which suggest mixing with a source similar to the Sittaung.
482

483 Our reassessment of the late 19th – early 20th century bathymetry with the high-resolution
484 digital elevation model produced several surprises (Figs. 3 and 4a). First, the edge of the
485 shelf (Fig. 4) was found to be significantly deeper in front of the Mottama Depression
486 (>150 m) than west of it (100–120 m deep). Second, the mud belt along the Ayeyawady
487 delta exhibits a clinof orm attached to the shore and likely composed of sandy muds (*Rao*
488 *et al., 2005*) and extending to depths of 35–40 m. In contrast, the Gulf of Mottama
489 exhibits a thick mid-shelf clinof orm comprised of finer muds (*Rao et al., 2005*) with the
490 steep frontal region extending from 40 to 90 m water depth. The transition between the
491 western and eastern clinof orms is marked by a transversal channel that is 10 km wide and
492 5 m deep on average and is flanked on the deeper eastern side by a drift-like elongated
493 feature of similar average dimensions. Third, a flatter area of the outer shelf in front of
494 the western Ayeyawady delta coast stands out from the typical outer shelf chaotic relief,
495 suggesting potential preservation of a relict pre-Holocene delta region at water depths
496 between 35 and 45 m.

497

498 Discussion

499

500 Our new drill core information (Fig. 3) indicates that the Holocene Ayeyawady delta
501 advanced into an incised valley estuarine embayment that extended north of
502 Kyonmangay (~80 km from the current coast) but did not reach as far as the current delta
503 apex at Ta Loke Htaw (270 km from the coast). The Pleistocene deposits of the incised
504 valley intercepted in our cores are fluvial, generally much coarser than the delta deposits
505 but heterolithic with indications of increasing tidal influence nearer to the Andaman Sea
506 at Kyonmangay. The overlying peats atop mudflat sediments sampled at Kyonmangay
507 indicate the presence of a muddy coast with mangroves at the time of their transgression
508 ~9,300 years ago. Given that the contemporaneous ice-volume equivalent global sea level
509 was between -29 and -31 mbsl (*Lambeck et al., 2014*), the altitude of the mangrove peat
510 (-28.3 mbsl) on the largely incompressible Pleistocene deposits below indicate that the
511 delta is vertically stable. However, glacial isostatic adjustment modeling is needed to
512 quantify subsidence as neighboring regions of Thailand and Malay Peninsula (*Bradley et*
513 *al., 2016*) suggest that relative sea level reached higher earlier during the deglaciation.
514 After the mangrove coast was flooded, the marine embayment accumulated
515 estuarine/prodelta muds afterwards. At 8,100 years ago the Ayeyawady bayhead delta

516 front reached the southern Kyonmangay site and by ~6,300 years ago delta plain
517 deposition started.

518

519 Deposits at the delta apex in the drill core at Ta Loke Htaw indicate a dynamic fluvial
520 environment with channel erosion (i.e., scouring) followed by point bar and floodplain
521 deposition. The abandonment of the western Daga meander belt after 1,500 years ago,
522 left the Ayeyawady flowing along a single preferential course. Meander belt construction
523 on the old and new course of the river, leading to the formation of alluvial ridges, appears
524 to be an efficient type of aggradation on the upper delta plain before the river starts to
525 bifurcate.

526

527 Near the coast, the quasi-contemporary beach ridge development on the Bogale
528 Promontory and Yangon River mouth argue for the advanced position of the western half
529 of the delta being acquired early and maintained during progradation. Delta growth since
530 6,300 years ago, with intermediate stages delineated by successive beach ridge sets, point
531 to decreasing rates of advance of ~25 m/year until ~4,600 years ago and 8 to 10 m/year
532 afterwards. The latter are still higher than the average progradation value of 3.4 m/year
533 calculated by *Hedley et al. (2010)* for the last century or so. Furthermore, the recent
534 progradation occurred primarily on the coast adjacent to both sides of the Yangon River,
535 while the shoreline of the rest of the delta has been largely immobile. It is important to
536 note that, like the Ayeyawady, many large river deltas developing under the Asian
537 monsoon regime, such as Mekong (*Ta et al., 2002*), Red River (*Tanabe et al., 2003*), or
538 Godavari (*Cui et al., 2017*) started to form wave-built beach ridges between 5000 and
539 4000 years ago changing from river-dominated morphologies to show stronger wave-
540 influenced characteristics. Given that these deltas were at various stages of advance from
541 within their incised valleys onto the shelf it is more likely that their morphological
542 evolution was climatically driven rather than controlled by local factors as previously
543 proposed. As the late Holocene monsoon aridification started at that time (*Ponton et al.,*
544 *2012; Dixit et al., 2014*), fluvial discharge variability at centennial timescales increased
545 setting the stage for periodic wave-dominance of deltaic coasts during more arid
546 intervals.

547

548 Our re-evaluation of the shelf morphology in the context of the new data onland reveals
549 important information for understanding the peculiar, irregular growth of the Ayeyawady
550 delta. Its western half from Cape Maw Deng to the Bogale Promontory is well advanced
551 into the Andaman Sea in comparison to its eastern half. First, the shelf DEM suggests
552 that the western Ayeyawady delta continues offshore into a shallow, coarser-grained
553 shore-attached clinoform, which is not completely unexpected given the relatively low
554 tidal range of 2–3 m (e.g., *Goodbred and Saito, 2012*) and the perennial loss of sediment
555 advected to the Gulf of Mottama (*Ramaswamy and Rao, 2014*). The Nd and Sr

556 fingerprint of the river sediment is almost identical to the beach ridge at Bogale
557 indicating that essentially no sediment from the Gulf of Mottama bearing the radiogenic
558 imprint of Sittaung (see above) and especially Thanlwin (*Damodararao et al., 2016*) is
559 feeding this part of the coast. The shore-attached sandy clinoform tapers off after 40 mbsl
560 (Fig. 2b). In contrast, the Gulf of Mottama exhibits a mid-shelf mud clinoform with the
561 roll-over at 40 m and toe depth of 80–90 m. The internal architecture of this distinctive
562 feature was imaged previously (*Ramaswamy and Rao, 2014*) and showed seismic
563 characteristics typical of a clinoform topset and foreset. High rates of
564 progradation/aggradation for the Mottama clinoform have been suggested previously but
565 a core collected on its lower foreset has an average sedimentation rate of ~1 cm/year
566 since ~1450 AD (*Ota et al., 2017*), which is one order of magnitude less than proposed
567 before (*Chhibber, 1934; Rodolfo, 1975*). Given the depressed character of the Mottama
568 shelf, as indicated by the shelf edge position 40 to 70 m lower than in front of the western
569 Ayeyawady delta, perhaps, it is not surprising that infilling of this region is still ongoing.
570 What is surprising instead is why and how the Ayeyawady River built its delta on the
571 eastern raised shelf block rather than in advancing preferentially into the Gulf of
572 Mottama. Such behavior defies theoretical and modeling expectations of a more
573 advanced deltaic coast toward the subsided block (e.g., *Liang et al., 2016*). The key to
574 this problem appears to be again suggested by the shelf morphology.

575
576 The distinctive transition between clinoforms exhibiting a wide elongated channel and
577 what appears to be an attached sediment drift-like feature suggests intense current activity
578 at the common clinoform boundary. Indeed tidal modeling suggests that a tidal shear
579 front (e.g., *Wang et al., 2017*) may be present in this region that shows a drastic change
580 from weak and isotropic tidal currents west of Bogale Promontory to highly oriented
581 strong currents in the Gulf of Mottama (*Rizal et al., 2012*). Such a shear front would
582 explain both the unusual channel-drift couplet, but also the fact the Ayeyawady was able
583 to build its delta west of the gulf. If the tidal shear front has been a long-lived feature of
584 the shelf circulation then it probably acted as a littoral energy fence (*sensu Swift and*
585 *Thorne, 1992*) trapping a significant part of the Ayeyawady sediment on the raised
586 western shelf block. However, such an energy fence may be broken by prevailing
587 westerly currents during the summer monsoon when water and sediment discharge peaks
588 from the Ayeyawady to provide finer suspended sediment to the Mottama clinoform.
589 Given the depressed character of the Mottama shelf block, the front must have existed
590 since the beginning of the deglacial transgression of the northern Andaman shelf.
591 Industrial seismic reflection profiles imaged a region of strike-slip extension in the Gulf
592 of Mottama expressed as horsetail extensional splays linked to the Sagaing Fault system
593 (*Morley, 2017*) that can explain the height differential between the western and eastern
594 shelves. Furthermore, the shear front must have gradually intensified through positive
595 feedback with the morphology as the shore-attached clinoform west of it grew larger. In

596 contrast, the amplified tidal currents in the Gulf of Mottama efficiently redistributed the
597 significantly larger amount of Ayeyawady sediments that escaped beyond the energy
598 fence together with sediments from the Sittaung and Thanlwin to form the midshelf
599 clinoform there. The offshore-directed tidal pumping leading to the formation of the
600 Mottama clinoform is reminiscent of the situation on the eastern Indus shelf where strong
601 tidal currents from the Gulf of Kutch built a mid-shelf clinoform with Indus sediments
602 escaping eastward (*Giosan et al., 2006*). Such clinoforms, which are of purely tidal
603 origin, and do not front a subaerial deltaic counterpart *per se* may have been more
604 common in sediment-rich macrotidal environments during faster transgressive conditions
605 in the past.

606

607 Conclusions

608

609 The Ayeyawady delta in Myanmar is the last realization in a long series of depocenters
610 that gradually moved southward within the tectonically dynamic intra-mountainous
611 landscape extending from the Central Myanmar Basin in the north to the northern
612 Andaman Sea in the south (Figs. 1 and 2). The delta developed within the incised valley
613 dug by the Ayeyawady River during the last lowstand (Fig. 3). The Pleistocene valley
614 was flooded at least 80 km inland from the present coast during the deglacial sea level
615 rise. Holocene progradation into this paleo-Ayeyawady bay proceeded in the form of a
616 fluvial- and tide-dominated delta until late Holocene wave action began to build isolated
617 and clustered beach ridges at the contemporaneous coasts (Fig. 2). However, beach ridges
618 are rather rare and underdeveloped, testifying to the enormous sediment load discharged
619 by the Ayeyawady and tidal dispersal and reworking. Ridge construction during the late
620 Holocene, similar to several other deltas across the Indian monsoon domain, argues for a
621 possible climatic control on delta morphodynamics through variability in discharge,
622 changes in wave climate, or both.

623

624 The landscape near the delta apex exhibits active and fossil late Holocene meander belts
625 that terminate in the mid-delta where the discharge is split to lower order distributary
626 channels (Fig. 2). The meander belts stand as alluvial ridges above the floodplain along
627 the active river course, as well as its antecedent paleo-course documenting the
628 Ayeyawady's avulsive character. Construction of a more advanced coast in the western
629 half of the delta could be seen as a quasi-independent region, the Pathein lobe (Fig. 5),
630 which was probably favored by the more western location of the early course of the river
631 (but see below). The eastern region of the delta (the Yangon lobe) is offset inland (Fig. 5)
632 and exhibits a more wave-dominated morphology, largely built with Ayeyawady-derived
633 sediment escaping alongshore. Further east, the Yangon lobe merges with the mudflats
634 fringing the Sittaung estuary (Fig. 5). Despite its large sediment load the Thanlwin River
635 has only built a bayhead delta, barely prograding outside its incised valley, probably due

636 to extreme macrotidal conditions at its mouth (Fig. 5). However, its sediment instead
637 contributed to deposition on the shelf, as did part of the load from both Ayeyawady and
638 Sittaung.

639

640 Correlation of the delta morphological and stratigraphic architecture information onland
641 to the shelf bathymetry and hydrodynamics, as well as its tectonic and sedimentary
642 characteristics, provides insight on the peculiar growth style of the Ayeyawady delta
643 (Figs. 2–5). The offset between the western Patheingyi lobe and the eastern deltaic coast
644 appears to be driven by tectonic-hydrodynamic feedbacks as the extensionally lowered
645 shelf block of the Gulf of Mottama amplifies tidal currents relative to the eastern part of
646 the shelf. This situation probably activates a perennial shear front between the two
647 regions that behaves as a leaky energy fence. Just as importantly, the strong currents in
648 the Gulf of Mottama act as an offshore-directed tidal pump that help build a deep, mixed-
649 source mid-shelf clinoform, the Ayeyawady-Sittaung-Thanlwin subaqueous delta, into
650 the Mottama shelf depression.

651

652 Our study takes a first look at the evolution of the Holocene Ayeyawady delta to provide
653 a basis for more detailed work and context to present and future management plans for
654 this ecologically and economically important, but vulnerable region. A first conclusion
655 for the future of the region comes by comparing the Ayeyawady to other deltas across the
656 world. Uniquely for deltas of its size the Ayeyawady delta has not suffered a sediment
657 deficit from damming, yet it has been barely growing. The reason is the highly energetic
658 tidal, wind and wave regime of the northern Andaman Sea that exports most sediments
659 offshore despite the large load of the river as envisioned by *Ramswamy et al., (2004)* and
660 *Hedley et al. (2010)*. In addition to their effects upstream (*Brakenridge et al., 2017*), the
661 expected sediment deficit after dams are constructed on the river and tributaries may
662 significantly impact the delta fragile sedimentary equilibrium (*Giosan et al., 2014*). This
663 could make it more vulnerable to the accelerating sea level rise (*Syvitski et al., 2009*) or
664 changes in frequency and intensity of cyclones hitting the coast (*Darby et al., 2016*) that
665 compound with increased subsidence linked to the rapid development of the region (e.g.,
666 *Van der Horst, 2017*).

667

668

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681

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Table 1. Results of AMS ¹⁴C dating of organic materials from drill cores IR1 (Kyonmangay) and IR2 (Ta Loke Htaw).

Location	Sample	Altitude (m bsf)	Type	Labcode	Latitude	Longitude	Age (years BP)	Error (years BP)	d13C (per mil)	Calibrated Age (years)*	Error (years)	Observations
Kyonmangay	IR1-9.60	-2.9	leaf fragment	OS-132754	16°26'15N	95°08'01"E	5,590	100	-28.65	6487	213	small
Kyonmangay	IR1-20.0	-13.3	leaf fragment	OS-132658	16°26'15N	95°08'01"E	7,300	40	-26.71	8166	80	
Kyonmangay	IR1-35.0	-28.3	mangrove wood piece	OS-133490	16°26'15N	95°08'01"E	8,300	40	-27.27	9352	148	
Kyonmangay	IR1-40.0	-33.3	carbonized wood piece	OS-132659	16°26'15N	95°08'01"E	9,100	35	-26.58	10351	88.5	
Ta Loke Htaw	IR2-19.0	-0.5	wood trunk piece	OS-133606	17°39'13"N	95°26'2"E	1,320	15	-28.04	1307	53.5	small
Ta Loke Htaw	IR2-33.5	-15.0	carbonized wood piece	OS-135132	17°39'13"N	95°26'2"E	8,020	30	-27.7	8959	117.5	

*Calendar ages are relative to year 2016

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899 Table 2. Summary of the quartz and feldspar luminescence data. (n) denotes the number of aliquots contributing to dose (De). The
 900 saturated water content (w.c.) is given as the ratio of weight of water to dry sediment weight. Feldspar IR50 and pIRIR150 ages have
 901 not been corrected for any signal instability. Radionuclide concentrations used to derive quartz and feldspar dose rates are given in
 902 Table S1. Bleaching of quartz OSL signal is assessed by comparing the quartz ages with the IR50 and pIRIR150 ages. Uncertainties
 903 represent one standard error. Age uncertainties include random and systematic components. Quartz ages should be used for
 904 interpretation; feldspar ages are only used to investigate quartz OSL bleaching.

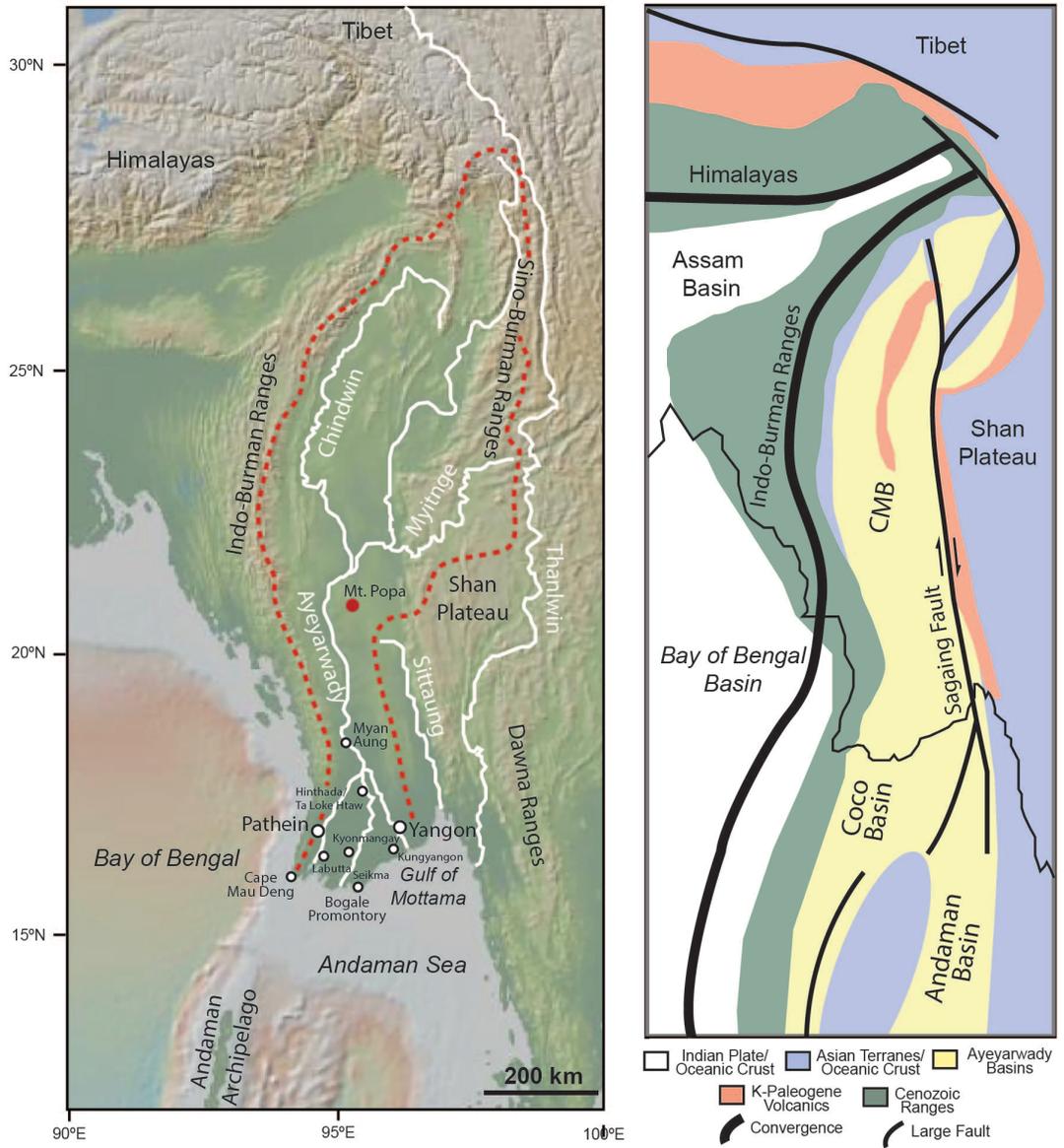
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Sample code	Site	Setting	Latitude / Longitude	Depth, cm	Quartz well-bleached?	Quartz Age , ka	pIRIR ₁₅₀ Age , ka	IR ₅₀ Age , ka	Quartz Dose , Gy (n)	pIRIR ₁₅₀ Dose , Gy	IR ₅₀ Dose , Gy (n)	Quartz Dose rate, Gy/ka	K-feldspar Dose rate, Gy/ka	w.c. %
17 72 01	18	fluvial levee	N 17 38 36.82 / E 95 18 33.64	95	probably	1.50 ± 0.23	6.64 ± 0.68	1.20 ± 0.23	3.28 ± 0.49 34	20.6 ± 1.9	3.73 ± 0.69 9	2.19 ± 0.10	3.10 ± 0.12	29
17 72 02	19	fluvial levee	N 17 36 13.5 / E 95 12 53.39	110	not certain	1.75 ± 0.32	15.2 ± 5.5	4.02 ± 1.85	4.14 ± 0.73 35	46 ± 16	12.0 ± 5.5 9	2.37 ± 0.10	2.99 ± 0.11	35
17 72 03	110	beach ridge	N 16 09 03.5 / E 94 43 57.3	92	probably	1.46 ± 0.22	2.35 ± 0.21	1.10 ± 0.07	2.97 ± 0.42 40	6.9 ± 0.5	3.25 ± 0.17 9	2.03 ± 0.09	2.95 ± 0.11	28
17 72 04	111	beach ridge	N 16 09.2578 / E 94 44.1843	90	confident	4.63 ± 0.47	4.73 ± 0.37	2.71 ± 0.17	10.1 ± 0.9 36	14.7 ± 1.0	8.42 ± 0.43 9	2.18 ± 0.09	3.10 ± 0.11	32
17 72 05	112	beach ridge	N 15 50 10.5 / E 95 29 51	100	probably	1.04 ± 0.09	1.94 ± 0.19	0.79 ± 0.05	2.64 ± 0.17 38	6.7 ± 0.6	2.72 ± 0.14 9	2.53 ± 0.13	3.45 ± 0.15	38
17 72 06	113	beach ridge	N 15 49.6494 / E 95 30.2095	132	probably	0.86 ± 0.07	1.86 ± 0.15	0.68 ± 0.04	1.58 ± 0.12 37	5.1 ± 0.4	1.88 ± 0.08 9	1.84 ± 0.07	2.75 ± 0.10	40
17 72 07	114	beach ridge	N 16 24 27.5 / E 96 02 20.2	115	probably	1.19 ± 0.11	1.43 ± 0.12	0.76 ± 0.04	2.64 ± 0.19 40	4.5 ± 0.3	2.38 ± 0.09 9	2.21 ± 0.10	3.13 ± 0.12	24

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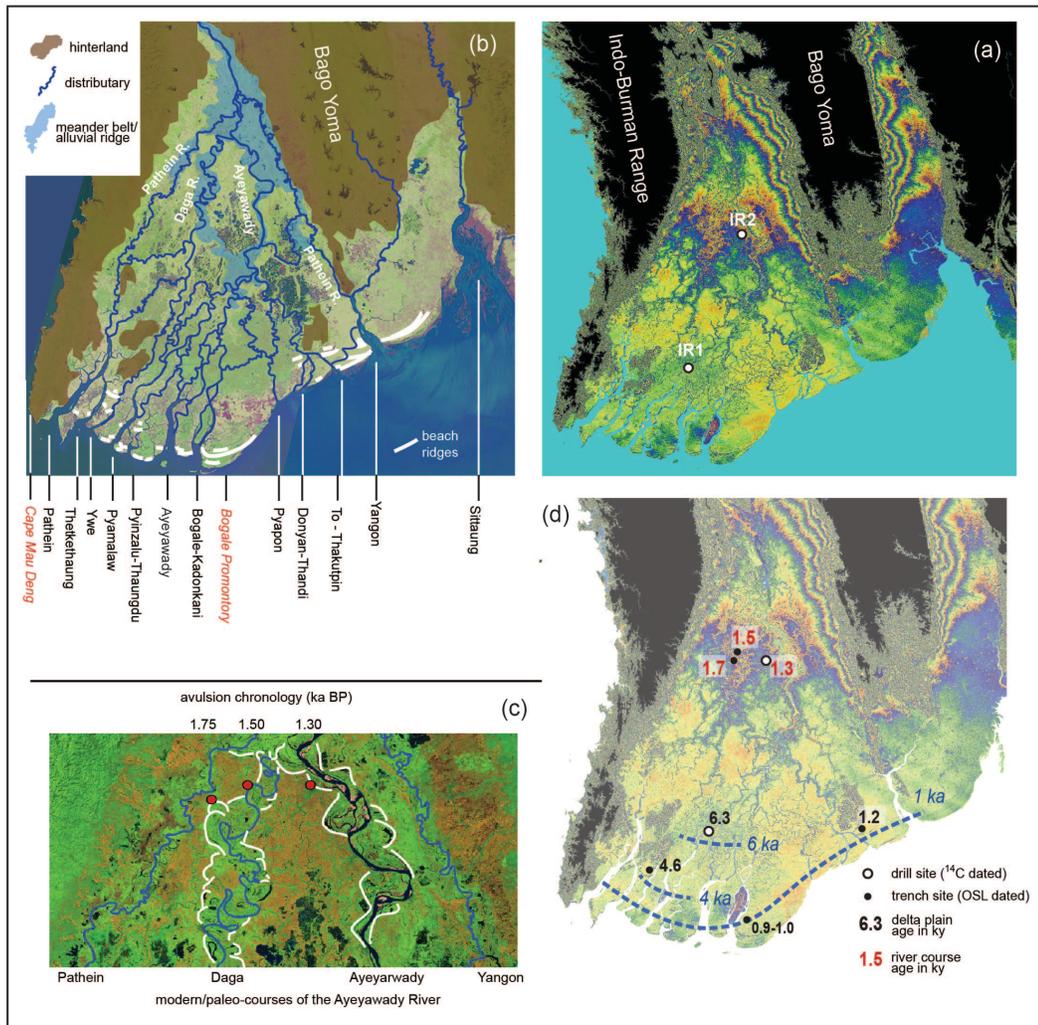
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Fig. 1. Physiography (left) and geology (right) of the Ayeyawady Basin and adjacent regions.



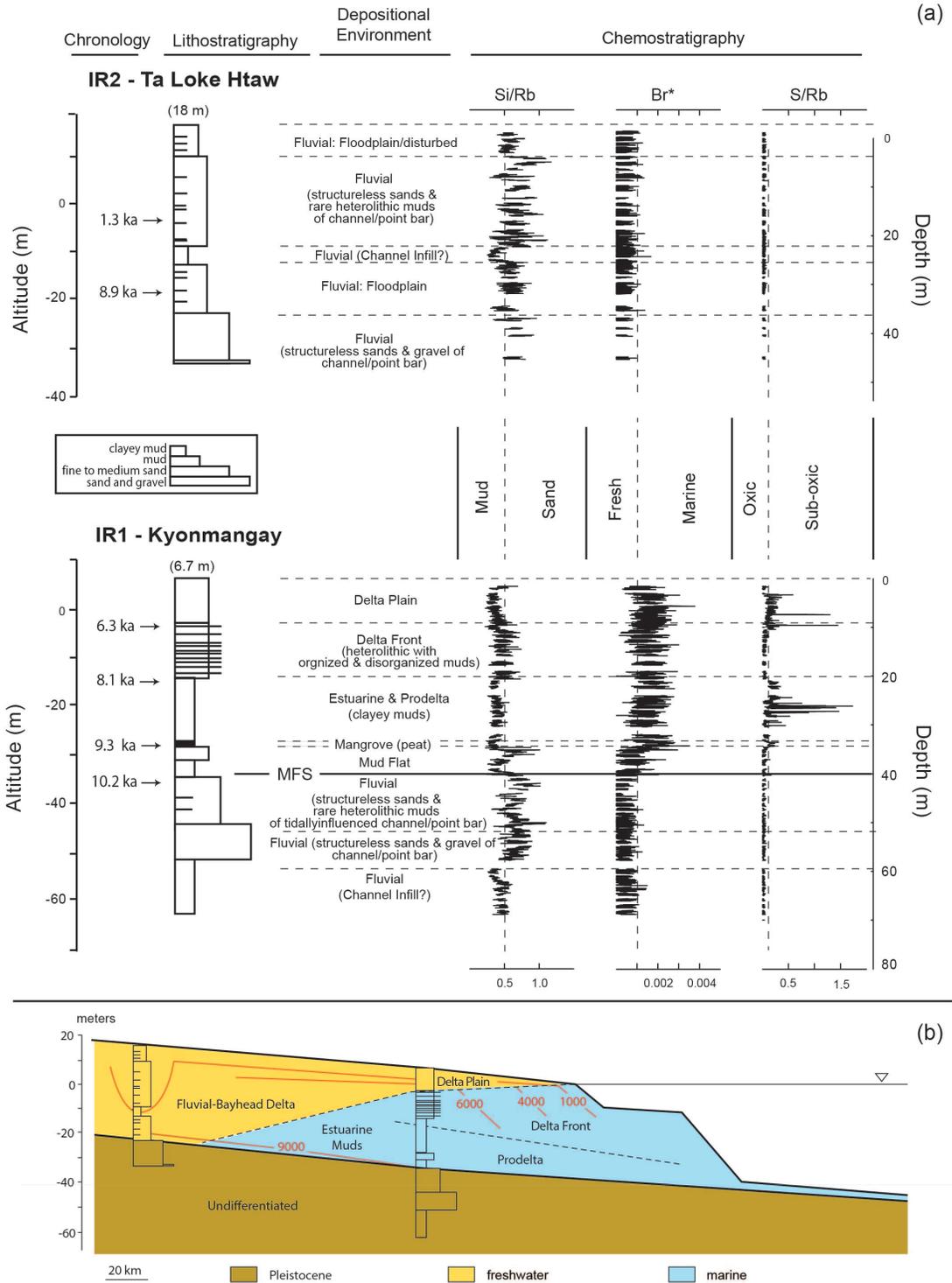
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916 Fig. 2. (a) SRTM-derived DEM for the Ayeyawady delta region (pattern of colors repeats
 917 every 10 m to 300 m in height; higher landscape in black); (b) large scale features of the
 918 Ayeyawady delta region with identified river and distributary courses and mouths as well as
 919 beach ridges shown on an ASTER satellite photo ; (c) sample locations and chronology on the
 920 meander belts documenting the avulsion near the delta apex (meander belts as white lines
 921 delimited from ASTER and Google Earth images); (d) Preliminary model of the Ayeyawady
 922 delta evolution with sampling locations and types with chronological information on the
 923 youngest fluvial deposits and beach ridges.
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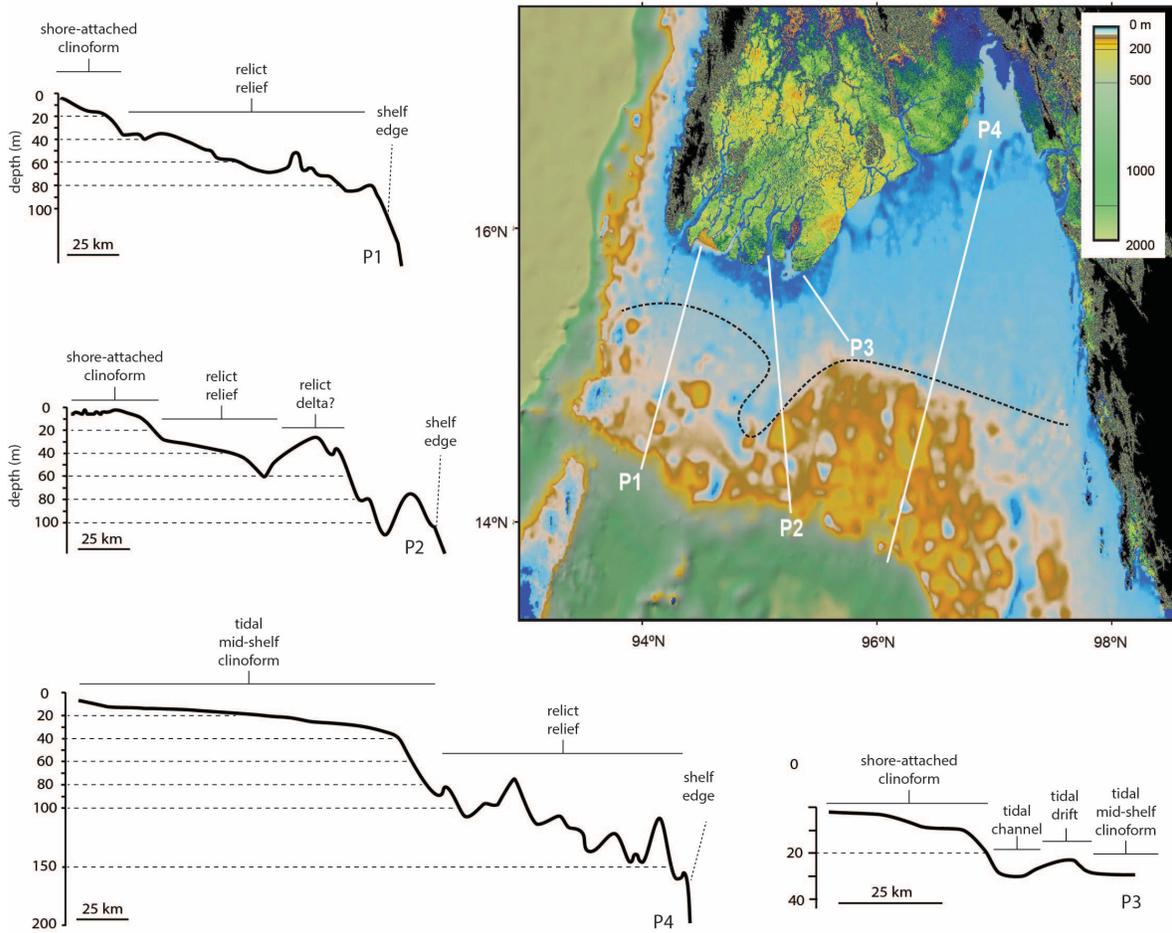
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927 Fig. 3. (a) Depositional environments interpreted from litho- and chemo-stratigraphy with
 928 radiocarbon chronology for drill cores in the Ayeyawady delta; (b) Interpreted Ayeyawady
 929 delta stratigraphy and evolution along the Ayeyawady's main course.
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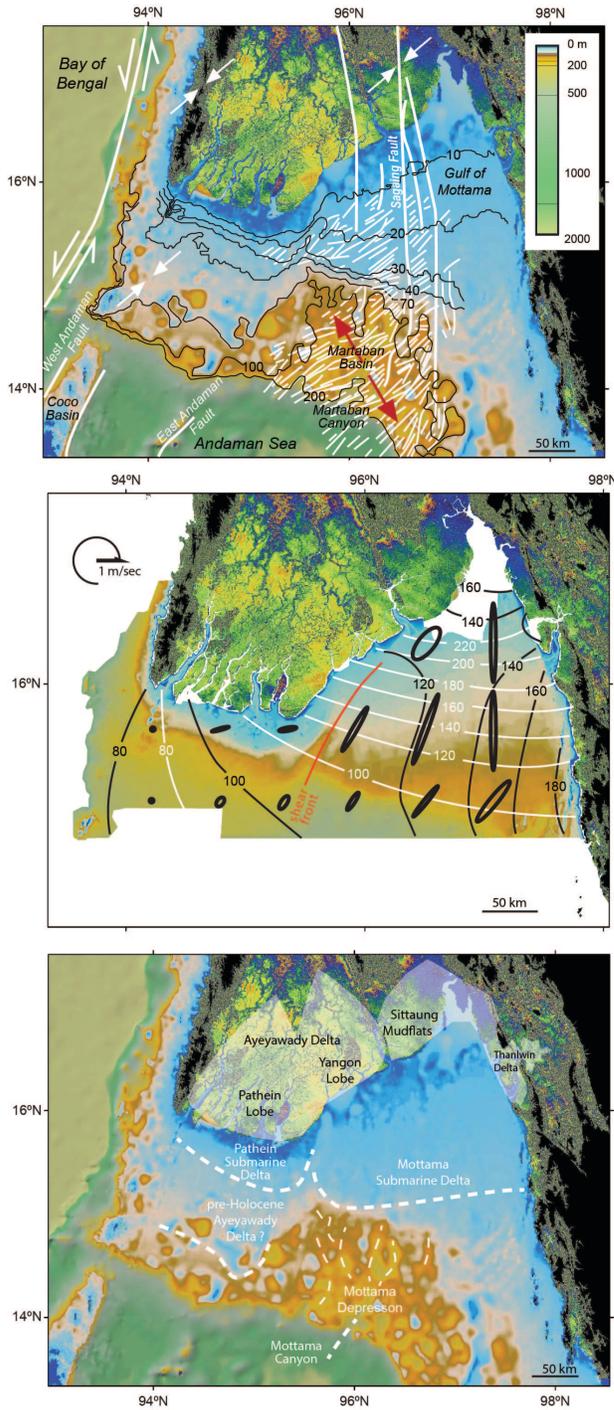
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933 Fig. 4. Interpreted bathymetric profiles across the northern Andaman Sea shelf (bathymetric
 934 profiles identified on map). Dashed line on map indicates the approximate limit of consistent
 935 fine-grained sediment deposition on the shelf farthest from shore. The SRTM-derived DEM
 936 for the Ayeyawady delta region is shown onland.
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955 Fig. 5. (Upper) Bathymetry of the northern Andaman Sea shelf and SRTM-derived DEM for
 956 the Ayeyawady delta region onland with regional faults and associated splay faults (Morley,
 957 2017); arrow pairs indicate regional compression (white) or extension (red); (Middle) Tidal
 958 range lines (black), co-tidal lines (white) and tidal current magnitudes (ellipses) for the
 959 dominant M2 tide component (Rizal et al., 2012); (Lower) Sketch the Ayeyawady delta plain
 960 evolution phases and associated subaqueous deltas.
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